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The 12 Best Nude Beaches in the World

See our choices for the best nude beaches and plan your summer right.

BY THE EDITORS OF MEN'S HEALTH JAN 4, 2021



Black's Beach, La Jolla, CA

This beach is perfect for anyone who wants to expose it all—in a secluded area. "Beach goers must climb down a 300-foot cliff to get to the beach," says Nicky Hoffman, co-owner of The Naturist Society and co-author of *The World's Best Nude Beaches and Resorts*.

Don't worry, there are steps—and the beach is easily accessed by car or bus—but the slight trek makes you feel secluded and safe.

That's no excuse to be shy once you're there, though; Black's Beach is all about the activities. Play volleyball, have cookouts and picnics, or surf—far away from clothed onlookers.



Hedonism II, Negril, Jamaica

Hedonism II is one of the most famous sex resorts in the entire world. There are two sections to the resort: the clothed side and the nude side. Most folks congregate at the nude side.

They also have a private beach for guests where you can be as naked as you want to be. You can also be nude in the pool, jacuzzi, and even play beach volleyball naked.



Wreck Beach, Vancouver, BC

Wreck Beach is ideal for outdoor enthusiasts who like to catch rays and enjoy the surf *au naturel*. Beach goers hike through forested trails populated by eagles, herons, and even parrots before arriving at the bay, which is technically part of the University of British Columbia (the trailhead is a 15-minute walk from campus).

"Wreck Beach attracts people from all ages, cultures, and backgrounds," Hoffman says. "And there are activities for everyone." Our favorite is the annual Bare Buns Fun Run—perfect for streakers, minimalist athletes, and anyone who dreams of running a 5K in the buff.