

# I Stayed at a Nudist Sex Resort For a Week, and Here Are 13 Things I Learned

You'd think it'd be a wild week-long sex party—but you'd only be partially right



They say sex sells, and when it comes to travel, that's especially true. Sex travel (or "[libertine tourism](#)," as it's sometimes called), is a growing industry targeted at people who love to take their clothes off and get buckwild. (To be clear, it's not the same thing as sex tourism, a term most people use to describe [traveling to have sex with prostitutes](#); sex travel is totally consensual and totally legal.) These people love going to resorts, chalets, and beaches all over the world, taking their clothes off, and having sex with each other — so I decided to join them at [Hedonism II](#) to see what it was like.

Located in Negril, Jamaica, [Hedonism II](#) (or simply “Hedo” to those in the know) is a nudist resort that also touts itself as an "adult playground." Basically, it's an all-inclusive resort for adults who want to live out their

sexual fantasies in a safe and consensual environment.

It's important to note that generally speaking, [most people who self-identify as nudists are not swingers](#), and most swingers are not nudists. In fact, many people who are nudists claim [there's absolutely nothing inherently sexual about the nudist lifestyle](#), and reject any suggestion otherwise. (At some nudist resorts, overt sexual behavior is explicitly prohibited.) That said, the two groups do occasionally intersect, and at Hedonism II, both sex and public nudity are not only accepted, but downright encouraged.

A few weeks ago, I hopped on a plane from JFK in New York City to Montego Bay. While the plane ride was fraught with nervous anticipation, Hedonism II ended up being both exactly and absolutely nothing like what I had cooked up in the twisted recesses of my mind. So if you've ever entertained the notion of stripping down on the sugary shores of Hedo, here are 13 things you need to know.

**Related:** [I Went to a Members-Only Sex Party. Here's What Happened](#)